MARCH 2024
TAYLOR COUNTY 4-H YOUTH DEVELOPMENT NEWSLETTER

Cardboard Relief Sculpture

February Bug Club

February Cloverbuds

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Martin-Gatton College of Agriculture, Food and Environment

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

TAYLOR COUNTY 4-H

MARCH 2024

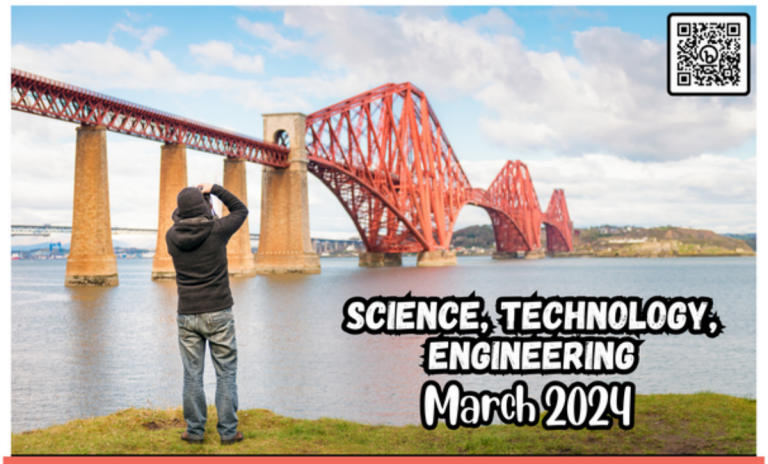
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 **4-H Camp Registration Opens!** LIVESTOCK JUDGING 1:30PM - 3PM	2
3	4 Expansion & Review Committee - 5PM **4-H Council - 6PM**	5 HOMESCHOOL CO-OP Livestock Club 6:00 pm - 8:00 PM	6 **TCIS 4th Grade**	7	8 HOMESCHOOL CLUB 10AM - 11AM LIVESTOCK JUDGING 1:30PM - 3PM	9
10	11	12 ARCHERY ORIENTATION 6PM Livestock Club 6:00pm - 8:00pm	13	14	15 March Photo Contest Deadline LIVESTOCK JUDGING 1:30PM - 3PM	16 
17	18 ARCHERY ORIENTATION 6PM	19 HOMESCHOOL CO-OP Hort. Club 3:30-4:30 Livestock Club 6:00pm - 8:00pm	20 **CES 4th Grade** COOKING CLUB 3:30PM-4:30PM	21 **KCA School Clubs**	22 LIVESTOCK JUDGING 1:30PM - 3PM	23
24 31	25 Land Judging 5PM-6:30PM	26 **SPEECH & DEMO CONTEST - 6PM**	27 Bug Club 3:30pm- 4:30pm	28 Land Judging 5PM-6:30PM 4-H Visit to the Capital	29 LIVESTOCK JUDGING 1:30PM - 3PM	30

SIGNUP FOR 4-H CLASSES ON eventbrite*

HTTP://BIT.LY/TAYLOR4H

Upcoming Events

TAYLOR COUNTY 4-H PHOTOGRAPHY CONTEST



- 1 PHOTO PER 4-H YOUTH
- FOR AGES 9-18
- DUE MARCH 15, 2024
- PHOTOS MUST BE UPLOADED ONLINE BIT.LY/MAR24PHOTO

POSSIBLE THEMES

- MECHANICS
- ARCHITECTURE
- ENERGY
- MOVEMENT
- CONSTRUCTION
- EQUIPMENT

For more information contact the Taylor County Extension Office at (270) 465-4511 or by email at Kimberly.Thomas@uky.edu

Small Ruminant Meeting

Speaker: Matthew Hamilton, Research Specialist Sr.

Topics:
Nutrition
Health
Marketing

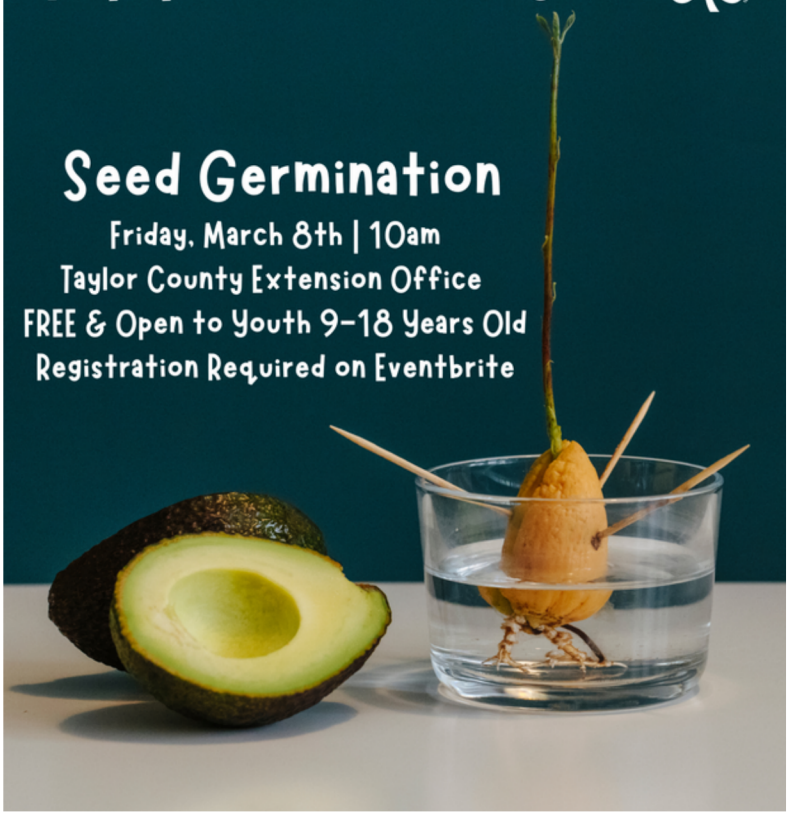
Tuesday, March 5 at 6:00 p.m.

Call the Extension Office at 270-465-4511 to RSVP!

4-H Homeschool Club

Seed Germination

Friday, March 8th | 10am
Taylor County Extension Office
FREE & Open to Youth 9-18 Years Old
Registration Required on Eventbrite



Taylor County 4-H Livestock Club

PLEASE REGISTER ON EVENTBRITE

- Tuesday, March 5 — Taylor County Extension Office — 6PM — Small Ruminant Goat and Sheep Health, Nutrition and Marketing
- Tuesday, March 12 — Taylor County Extension Office — 6PM — Sharon Spencer Ky Department Of Agriculture
- Saturday, March 16 — Taylor County Extension Office — 9-11AM — Breakfast With the Easter Bunny
- Tuesday, March 19 — Homeplace On Green River — 6PM — How to do your own fecals with Candice Chavez
- Saturday, March 23 — Taylor County Extension Office — 11-1PM — Preschool Pallooza Petting Zoo

Upcoming Events

TAYLOR COUNTY 4-H LAND JUDGING

MONDAY, MARCH 25
5:00-6:30PM

THURSDAY, MARCH 28
5:00-6:30PM

TUESDAY, APRIL 9
5:00-6:00PM

APRIL 16
WKU FIELD DAY CONTEST

OPEN TO ALL YOUTH 9-18

QUESTIONS? (270) 465-4511

PHOTOGRAPHY CONTEST

FAMILY & CONSUMER SCIENCE
February 2024

1ST — Anderson Cox

2ND — Lucas Allen

3RD — Logan Allen

Taylor County Cooperative Extension Service | 1143 South Columbia Ave | Campbellsville, KY 42718 | Phone: (270) 465-4511

March 2024 Meeting

TAYLOR COUNTY 4-H HORTICULTURE CLUB

PLANTING IN RAISED BEDS

March 19 | 3:30PM-4:30PM
Taylor County Extension Office
FREE & Open to Youth 9-18 Years Old
Registration Required on Eventbrite

Taylor County 4-H Entomology Club

COCKROACHES

MARCH 27 | 3:30-4:30

TAYLOR COUNTY EXTENSION OFFICE

REGISTRATION REQUIRED ON EVENTBRITE

UPcoming Events

TAYLOR COUNTY 4-H 2024 CAPITOL EXPERIENCE

MARCH 28, 2024 | 8AM-4PM
LIMITED TO 12 YOUTH
CALL THE EXTENSION OFFICE AT (270) 465-4511 TO REGISTER

TAYLOR COUNTY 4-H FAIR EXHIBIT DAY

EXHIBIT DROP OFF
TUESDAY, JULY 30TH
8AM - 4PM
AT THE TAYLOR COUNTY EXTENSION OFFICE
(1143 SOUTH COLUMBIA AVE)

PUBLIC VIEWING
THURSDAY, AUGUST 1 -
FRIDAY AUGUST 2
8AM - 4:30PM
AT EXTENSION OFFICE

EXHIBIT PICK UP
MONDAY, AUGUST 5TH

RIBBONS AND PREMIUMS WILL BE GIVEN
BLUE - $5
RED - $4
WHITE - $3

FULL 4-H EXHIBIT BOOK HERE

TAYLOR COUNTY 4-H LAWN TRACTOR DRIVING CONTEST

LAWN TRACTOR CATEGORIES:
- JUNIOR (9-13) ZERO TURN MOWER
- SENIOR (14-18) ZERO TURN MOWER

OPEN TO YOUTH 9-18 AS OF JANUARY 1, 2024. REGISTER BY MAY 30 BY CALLING THE TAYLOR COUNTY EXTENSION OFFICE AT (270) 465-4511 OR EMAILING KIMBERLY.THOMAS@UKY.EDU

WEDNESDAY, JUNE 5TH - 1:30 PM
TAYLOR COUNTY FAIRGROUNDS

Cooperative Extension Service
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

2024 4-H TRACTOR DRIVING CONTEST

TRACTOR CATEGORIES:
JR. 2 - WHEEL TRAILER
SR. 2- WHEEL TRAILER
SR. 4 - WHEEL TRAILER

THURSDAY, JUNE 6TH - 1:30 PM
TAYLOR COUNTY FAIRGROUNDS

OPEN TO YOUTH 9-18 AS OF JANUARY 1, 2024.
REGISTER BY MAY 30 BY CALLING THE TAYLOR COUNTY EXTENSION OFFICE AT (270) 465-4511 OR EMAILING KIMBERLY.THOMAS@UKY.EDU

UPcoming Events

AG TAG

FARM LICENSE PLATE RENEWAL

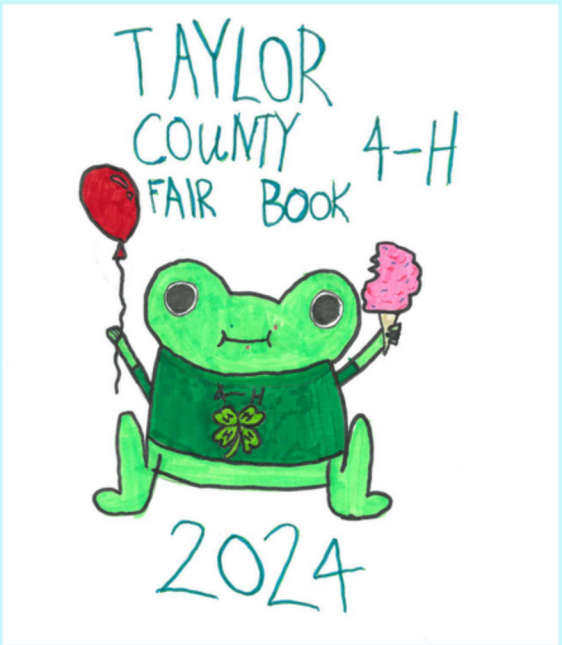
$10 DONATION

FARMERS!

Have you renewed your farm license plates yet? We ask you to make the $10 donation when you go your County Clerk's office on each tag you renew. It's an excellent way for our agricultural community to support the youth of our county and help fund 4-H programs that make a lasting difference for our kids.

Cooperative Extension Service

CONGRATULATIONS TO OUR 2024 4-H FAIR BOOK COVER WINNER



ELLIE UNDERWOOD

THANK YOU TO ALL OUR AWESOME YOUTH WHO ENTERED THE CONTEST!

LUCAS ALLEN

LOGAN ALLEN

BENTON WISE

BREAKFAST WITH THE EASTER BUNNY

SATURDAY, MARCH 16TH
9AM–11AM
TAYLOR COUNTY EXTENSION OFFICE

- PHOTOS WITH THE BUNNY
- PHOTOS WITH LIVE RABBITS
- SPRING CRAFTS
- PANCAKE BREAKFAST

Kids $6 | **Adults $10**

CHILDREN UNDER 2 FREE WITH PAYING ADULT

PHOTO ONLY - $5 (NO MEAL)

ALL PROCEEDS BENEFIT TAYLOR COUNTY 4-H!

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Lexington, KY 40506

TAYLOR COUNTY 4-H

ARCHERY ORIENTATION

TAYLOR COUNTY 4-H ARCHERS

MARCH 12TH* & MARCH 18TH*

6 PM

TAYLOR COUNTY EXTENSION OFFICE

1143 South Columbia Avenue Campbellsville, KY 42718

Both meetings will be the same, Please only attend one meeting

- Youth MUST be 9 years of age BY January 1st 2024
- A Parent/Guardian must attend with Youth
- Please bring Youth's Medical Insurance Information
- This meeting is required for any youth interested in participating in 4-H archery. We will NOT be shooting at this meeting.

ANY QUESTIONS, COMMENTS, OR CONCERNS:
CONTACT 4-H AGENT KIMBERLY THOMAS AT THE TAYLOR COUNTY EXTENSION OFFICE AT (270 465-4511

Martin-Gatton College of Agriculture, Food and Environment
University of Kentucky.

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.

Lexington, KY 40506

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TAYLOR COUNTY 4-H 2024 SPEECH & DEMO CONTEST

TUESDAY, MARCH 26, 2024

6PM - REGISTRATION OPENS AT 5:30PM

DEADLINE TO REGISTER - MARCH 15

REGISTER HERE - HTTPS://BIT.LY/SPEECH24

SPEECHES | DEMONSTRATIONS | COUNTRY HAM SPEECHES

Martin-Gatton College of Agriculture, Food and Environment
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4-H CAMP 2024

"UNDER THE BIG TOP"

JUNE 11 – 14, 2024
LAKE CUMBERLAND 4-H CAMP
ADAIR, GREEN, TAYLOR & WAYNE

CAMP REGISTRATION NOW OPEN!
APPLICATIONS ARE AVAILABLE ONLINE AND AT THE EXTENSION OFFICE

2024 CAMP FEE: $300
FIRST 50 YOUTH TO REGISTER WILL RECEIVE $100 OFF THE COST OF CAMP, THANKS TO THE TAYLOR COUNTY FARM BUREAU FEDERATION & 4-H COUNCIL

TEEN LEADERS CAMP FEE: $150
YOUTH 15-17 YEARS OLD CAN ATTEND CAMP AS A TEEN LEADER FOR A DISCOUNTED RATE.

ADULT LEADERS CAMP FEE: $FREE
ADULTS (18+) CAN ATTEND CAMP FOR FREE!

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

23-24 ENROLLMENT FORMS

Available at the Extension Office or https://bit.ly/Enroll24

Once you have returned this enrollment form you may begin attending meetings. 4-H age is 9-18 as of January 1, 2024 and Cloverbuds are for ages 5 to 8 as of January 1, 2024

EAT SMART TO PLAY HARD

KENTUCKY NUTRITION EDUCATION PROGRAM | YOUTH TOOLKIT

RECIPE NAME	CURRICULUM TOPIC	SETTING REQUIREMENTS
Wally Wildcat Superhero Muffins	Fruits/Veggies; Grains	Oven Required
ESTIMATED TIME	**AGE**	
45 Minutes	Children and Youth	

INGREDIENTS

2 cups blueberries
1 cup sugar, divided
1 ½ cups all-purpose flour
1 cup whole wheat flour
2 ½ teaspoons baking powder
1 teaspoon salt
2 eggs
½ cup vegetable oil
1 cup 1% milk
1 ½ teaspoons vanilla extract
Cooking spray

DIRECTIONS

1. Preheat the oven to 350°F. Spray a 18-cup muffin tin with cooking spray or insert paper liners in muffin cups.
2. Place 1 cup of the blueberries and 1 tablespoon sugar in a small saucepan and simmer over medium heat, mashing berries and stirring frequently, for about 6 minutes until mixture is thickened and reduced to about ¼ cup. Cool.
3. In a large mixing bowl, stir together the remaining sugar, all-purpose flour, whole-wheat flour, baking powder and salt.
4. Make a well in the center of the dry ingredients. Add eggs, oil, milk and vanilla. Whisk together the liquid ingredients. Use a rubber spatula to fold together the liquid and dry ingredients, just until moistened. Fold in the remaining blueberries.
5. Divide in batter equally among the muffin cups, filling about two-thirds full.
6. Spoon approximately 1/2 teaspoon of cooked berry mixture onto each cup of batter. Use a skewer or dinner knife to gently swirl berry topping into the batter.
7. Bake 17 to 19 minutes until muffin tops are golden. Cool muffin pans for several minutes before transferring to a cooling rack.

Nutrition Facts

18 servings per container
Serving size 1 muffin (71g)

Amount per serving
Calories 180

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 220mg	10%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 11g Added Sugars	22%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 37mg	2%
Iron 1mg	6%
Potassium 79mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Source: Brooke Jenkins, Extension Specialist, University of Kentucky Cooperative Extension Service

HEAD HANDS HEART HEALTH

4-H Remind

Stay up-to-date with the latest Taylor County 4-H information by signing up for our Remind notifications.

Text @4htaylor to 81010

TAYLOR COUNTY 4-H NEWSLETTER

Our 4-H newsletter is published monthly and includes announcements, club news, registration forms, and information about upcoming events. To get added to our newsletter email list, email Elizabeth.Burton@uky.edu

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