



# JANUARY 2024 TAYLOR COUNTY 4-H YOUTH DEVELOPMENT NEWSLETTER



First Bug Club Meeting



4-H Ambassadors



No Sew Blanket Class



Holiday Charcuterie Boards



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# TAYLOR COUNTY 4-H JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 LIVESTOCK JUDGING 4:30-6PM	3	4	5	6
7	8	9 LIVESTOCK JUDGING 4:30-6PM	10 CES 4th Grade	11 4-H Ambassador's Day Terrific Thursday with KCA	12  Piggy Bank Contest Deadline	13
14 Ms. Angie's Birthday	15 EXTENSION OFFICE CLOSED	16 Hort. Club 3:30-4:30 LIVESTOCK JUDGING 4:30-6PM	17 TCIS 4th Grade Wire Rings 4:30-5:30	18 Art Club 3:30-4:30	19  January Photo Contest Deadline	20  Adair Co. Poultry Workshop State 4-H Livestock Quiz Bowl Contest at UK
21	22 Cloverbuds 5:00-6:00 4-H Council 6pm	23 HOMESCHOOL CLUB 10:00-11:00	24	25 Mrs. Kimberly's Birthday	26	27
28	29	30  Bug Club 3:30-4:30	31 Crochet for Beginners 3:30-4:30			



**SIGNUP FOR 4-H CLASSES  
ON eventbrite\***  
[HTTP://BIT.LY/TAYLOR4H](http://bit.ly/Taylor4H)

# UPcoming Events

KENTUCKY SAVES  
**2024**  
**PIGGY BANK**  
**DESIGN CONTEST**  
MONEY SAVED IS A FUTURE EARNED



**MONEYWISE**  
VALUING PEOPLE. VALUING MONEY.

**UK** Cooperative  
Extension Service

**USE YOUR CREATIVITY TO MAKE A PIGGY BANK AND START SAVING YOUR CHANGE!**

Deliver your "piggy bank" to the Taylor County Extension Office by **Friday, January 12th** for display and judging.

County prizes will be awarded in the following age categories:  
**K-3, 4-6, 7-8 & 9-12**

**ENTRY REQUIREMENTS:** Entries must meet the following requirements to be eligible for judging:

- The bank cannot exceed 12 inches X 12 inches X 12 inches (1 square foot)
- Piggy banks must be able to hold coins (i.e., include a slot that has been cut to insert coins).
- Piggy banks must be created or decorated by the youth contestant.
- Plastic or ceramic banks may be used, but must be personally decorated.
- Piggy banks **DO NOT** have to be in the shape of a pig.
- You **MAY** use or repurpose other containers.



For more information or for official rules and guidelines contact Kimberly Thomas, the Taylor County Extension Agent for 4-H Agent for Youth Development by phone at (270) 465-4511 or by email at [kimberly.thomas@uky.edu](mailto:kimberly.thomas@uky.edu)



## TOPIC: POULTRY SELECTION AND SHOWMANSHIP



JOIN US AND DR. JACQUIE JACOB, EXTENSION POULTRY SPECIALIST ON SATURDAY, JANUARY 20 FROM 10:00 AM-12:00 PM AT THE ADAIR COUNTY COOPERATIVE EXTENSION OFFICE LOCATED AT 409 FAIRGROUND ST. COLUMBIA, KY. CONTACT TONY ROSE, 4-H AGENT WITH QUESTIONS at (270)384-2317.



January 2024 Meeting  
TAYLOR COUNTY 4-H HORTICULTURE CLUB  
**COMPOSTING FOR KIDS**



Make and decorate your very own compost bin to take home and use!  
*Limited to 12 spots!*



**January 16 | 3:30PM-4:30PM**  
Taylor County Extension Office  
**FREE & Open to Youth 9-18 Years Old**  
Registration Required on Eventbrite

# UPcoming Events

## WIRE RINGS WORKSHOP



WEDNESDAY, JANUARY 17

4:30 – 5:30PM



OPEN TO YOUTH 9-18 &  
LIMITED TO 10 SPOTS!  
REGISTER ON EVENTBRITE

## TAYLOR COUNTY 4-H ART CLUB JANUARY 2024 MEETING WAX RESIST ART



JANUARY 18TH | 3:30PM-4:30PM  
TAYLOR COUNTY EXTENSION OFFICE  
FREE & OPEN TO YOUTH 9-18 YEARS OLD  
REGISTRATION REQUIRED ON EVENTBRITE



## Taylor County 4-H CLOVERBUDS



CRAYON RESIST ART

MONDAY, JANUARY 22ND | 5 PM  
TAYLOR COUNTY EXTENSION OFFICE  
FREE & OPEN TO YOUTH 5-8 YEARS OLD  
REGISTRATION REQUIRED ON EVENTBRITE

A colorful crayon resist art piece of a tree. The tree is rendered in shades of blue, purple, and yellow, with white outlines. The background is a mix of blue and purple.

## TAYLOR COUNTY 4-H HOMESCHOOL CLUB COLOR WHEEL COLLAGE



JANUARY 23 | 10AM - 11AM  
TAYLOR COUNTY EXTENSION OFFICE  
FREE & OPEN TO YOUTH 9-18 YEARS OLD  
REGISTRATION REQUIRED ON EVENTBRITE

A circular logo with a blue ribbon. Inside the circle is a four-leaf clover with the letters 'H' and '4-H' on each leaf. The words 'Fair Project' are written around the top inner edge of the circle.

# UPcoming Events

 Taylor County 4-H  
Entomology Club

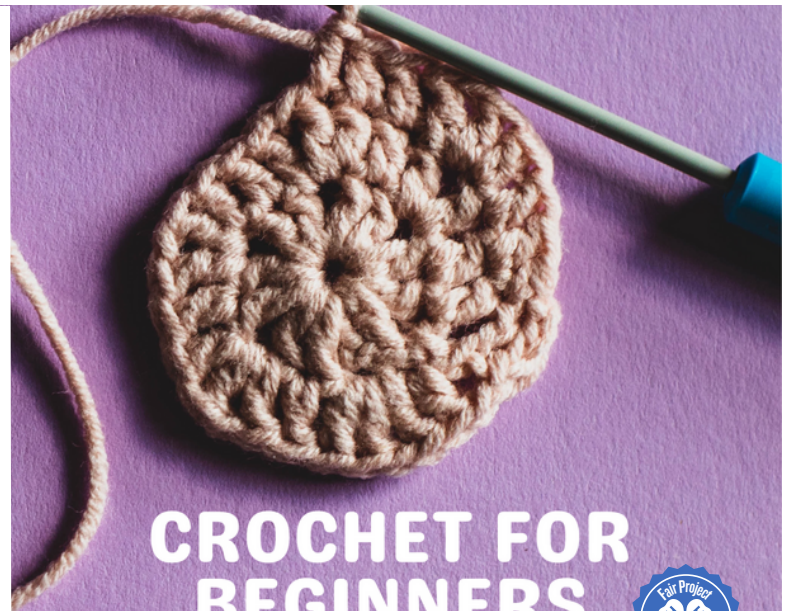
## LADY BUGS



**JANUARY 30 | 3:30-4:30**

**TAYLOR COUNTY EXTENSION OFFICE**

**REGISTRATION REQUIRED ON EVENTBRITE**



## CROCHET FOR BEGINNERS



**WEDNESDAY, JANUARY 31  
3:30-4:30PM**



**OPEN TO YOUTH 9-18 &  
LIMITED TO 10 SPOTS!  
REGISTER ON EVENTBRITE**

Save the Date



**4-H CAMP  
2024**

**June 11 - 14, 2024**

**Lake Cumberland 4-H Camp  
Adair, Green, Taylor & Wayne**

## VOLUNTEERS NEEDED

- ✓ Cooking Club Leader
- ✓ Horse Club Leader
- ✓ Homeschool Club Leader
- ✓ Sewing Volunteers



**Lead club meetings and activities**

**Chose the lessons you teach**

**Make a difference with the youth in our community!**



# TAYLOR COUNTY 4-H PHOTOGRAPHY CONTEST



- 1 PHOTO PER 4-H YOUTH
- FOR AGES 9-18
- DUE JANUARY 19, 2024
- PHOTOS MUST BE UPLOADED ONLINE [BIT.LY/JAN24PHOTO](https://bit.ly/jan24photo)

- ### POSSIBLE THEMES
- PHYSICAL ACTIVITY
  - SPORTS
  - HEALTHY LIFESTYLE
  - CAREERS IN HEALTH
  - DEALING WITH STRESS



For more information contact the Taylor County Extension Office at (270) 465-4511 or by email at [Kimberly.Thomas@uky.edu](mailto:Kimberly.Thomas@uky.edu)

Cooperative  
Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.  
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
Lexington, KY 40506



REGISTRATION PACKET : [HTTPS://BIT.LY/WRITTEN24](https://bit.ly/written24)



# Kentucky 4-H

## Written Communications Contest

The 4-H Communications Contest is a State level competition for Youth Ages 9-18 who have a passion for writing

Providing youth with the ability to enhance and develop communication skills is of great importance in Kentucky. The development of communications skills is one of the preeminent skills necessary to grow as an individual, a community member and a leader. Using age-appropriate activities selected from the approved Kentucky 4-H Communications & Expressive Arts Curriculum, educators can maximize the ability of youth to develop their writing, reading and personal communication capacities. This in turn creates a solid foundation for positive youth development.

### Categories

Songwriting | Poetry | Original Monologue | Press Release  
Public Service Announcement | "What 4-H Means to Me" Essay

Register by February 16 with your Taylor County 4-H Agent, Kimberly Thomas

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
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Disabilities accommodated with prior notification.



# TAYLOR COUNTY 4-H 2024 SPEECH & DEMO CONTEST



**TUESDAY, MARCH 26, 2024**  
**6PM - REGISTRATION OPENS AT 5:30PM**  
**DEADLINE TO REGISTER - MARCH 15**  
**REGISTER HERE - [HTTPS://BIT.LY/SPEECH24](https://bit.ly/speech24)**

**SPEECHES | DEMONSTRATIONS | COUNTRY HAM SPEECHES**





# 23-24 ENROLLMENT FORMS

AVAILABLE AT THE EXTENSION OFFICE OR  
[HTTPS://BIT.LY/ENROLL24](https://bit.ly/enroll24)

ONCE YOU HAVE RETURNED THIS ENROLLMENT  
 FORM YOU MAY BEGIN ATTENDING MEETINGS.  
 4-H AGE IS 9-18 AS OF JANUARY 1, 2024  
 AND CLOVERBUDS ARE FOR AGES 5 TO 8 AS  
 OF JANUARY 1, 2024



## WALLY WILDCAT ENERGY BITES

### INGREDIENTS

- 1 ½ cups instant oats
- ½ cup peanut butter
- ½ cup honey
- ½ cup raisins
- ½ cup unsweetened shredded coconut
- ¼ cup mini chocolate chips
- ¼ cup crushed bran flakes
- ¼ teaspoon salt



### DIRECTIONS

1. Mix all ingredients together in a large bowl.
2. Form 1-inch balls.
3. Store in an airtight container.

Nutrition Facts	
18 servings per container	
Serving size	3 bites (33g)
Amount per serving	
<b>Calories</b>	<b>140</b>
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 21g	8%
Dietary Fiber 2g	7%
Total Sugars 12g	
Includes 9g Added Sugars	18%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 128mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### 4-H Remind

Stay up-to-date with the latest Taylor County 4-H information by signing up for our Remind notifications.

**Text @4htaylor to 81010**

## TAYLOR COUNTY 4-H NEWSLETTER

Our 4-H newsletter is published monthly and includes announcements, club news, registration forms, and information about upcoming events. To get added to our newsletter email list, email [Elizabeth.Burton@uky.edu](mailto:Elizabeth.Burton@uky.edu)



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