

# JANUARY 2023 TAYLOR COUNTY 4-H YOUTH DEVELOPMENT NEWSLETTER





December School Club Meeting at TCIS



Rag Wreath Class



Christmas Tree String Art

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- Upcoming Events & Contests
- Piggy Bank Contest Winners

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political bellef, sex, sexual orientation, gender identify, gender expression, pregnancy, marinat status, genetic information, age, weter an status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





## **UPCOMING EVENTS**

JANUARY 6, 13, 20, 27 - LIVESTOCK JUDGING | 1:30 - 3:30 PM

JANUARY 10, 17, 24, 31 - LIVESTOCK CLUB | 6:30 PM

JANUARY 17 - 4-H COUNCIL MEETING | 6:30 PM

JANUARY 19 - CORNBREAD CLASS | 3:30PM

JANUARY 30 - CRICUT FOR KIDS | 3:30 PM

FEBRUARY 3 - 4-H FAIR BOOK COVER CONTEST DEADLINE

FEBRUARY 24 - WRITTEN COMMUNICATIONS CONTEST
DEADLINE







Bee Ornaments from first Bee Club Meeting



# 2022 Taylor County Piggy Bank Contest Winners





k-3rd Grade 1st - Esther McIntosh 2nd - Bazile McIntosh





4th-6th Grade 1st - Marla Bat 2nd - Molly Oaks



7th-8th Grade

1st - Logan Allen

Overall Winner – Esther McIntosh
"Bath Time Bathtub"







#### **DECEMBER SCHOOL CLUB MEETINGS**





We learned about poinsettias and all their parts. It was a 4-H lesson. We made a paper poinsettia in class and it was fun! We also colored one in and labeled it!

-Kara S. 4-H School Club Reporter at TCIS Mrs. King's 6th Period Class

#### Let's Bake: Cornbread

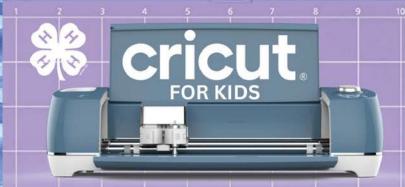


Thursday, January 19 | 3:30PM Taylor County Extension Office

Thank you for subscribing to our newsletter. You are receiving priority access to register for this class.

Register Here - https://bit.ly/4hcornbread





JANUARY 30TH AT 3:30PM

LIMITED TO 10
SPOTS





Participants will make a personalized pouch

Thank you for subscribing to our newsletter. You are receiving priority access to register for this class. Class will go public on 1/8/23.

Early Access Link - https://bit.ly/cricut4kids





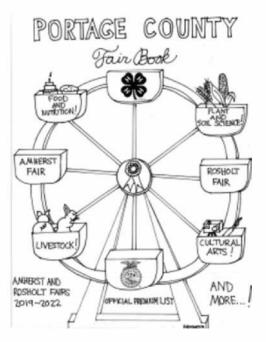
### LIVESTOCK JUDGING

PRACTICE EACH FRIDAY THROUGH FEB. 18 1:30 -3:30 PM | TAYLOR COUNTY EXTENSION OFFICE Learn about different breeds of livestock, external parts of livestock, skeletal anatomy of livestock, feedstuffs used in livestock diets, equipment using in raising and showing livestock and more!

### TAYLOR COUNTY 4-H 2023 FAIR BOOK COVER CONTEST







#### Must include:

"Taylor County 4-H Fair Book 2023"
The 4-H Logo

Designs may be hand drawn or computer graphics

Hand-drawn designs should be drawn on a 8 ½ x 11 vertical sheet of paper

Entries must be dropped off to the Taylor County Extension Office or email to Kimberly. Thomas@uky.edu by Friday, February 3, 2023.



# H S

#### Categories include:

- Songwriting
- Poetry 3 line minimum and 25 line maximum
- "What 4-H Means to Me"
   Essay minimum 500 words
- Original Monologue
- Press Release maximum of 1,000 words
- Public Service Announcement

This is for any youth age 9 (as of January 1st, 2022) to 18. Junior and Senior divisions for each category. The deadline for submission is February 24th, 2023 at 4:30PM.

All entries must be submitted as a PDF to kimberly.thomas@uky.edu and include name, birthdate, category and school.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Sconomic Development

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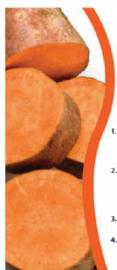


#### 2022-2023 4-H ENROLLMENT



An enrollment form needs to be completed each school year for individuals to be enrolled in 4-H. Paper Enrollment forms are now available at the Taylor County Extension Office OR you may enroll online! Scan the code at the left with your phone or visit https://v2.4honline.com If you have any questions about enrollment, please reach out to the Taylor County Extension Office at (270) 465-4511.

Scan & Click "Don't Have an Account" if this is your first time enrolling



#### Sweet Potato Crisp

potatoes, evolved until . tender.

8 ounces reduced (at eream cheese, softened 1 cup brown sugar, divided 1 tablespoon greened

clangmon

2 med lum apples. chopped

1/2 cup all-purpose flour Scup quick evoking oats

3 tableso oon children 54 gup chopped pecans

I. Prehitatioven to 350° F. Lightly spray a 13 x 9 x 2 Inch pan with non-stick

2. Mash sweet patatoes. Add critam choose, % culp brown sugar, vanilla and einnamen. Micurilli smooth,

3. Spread sweet potate mbiture everly into pan.

4. Topsweet potatoes

with chopped apples. 5. in a small bowl.

combine flour, pars. arid & cup brown sugar. Out in butter until mixture resembles coarse countbles. Stirrin pecans.

6. Sprinkle relature over apples.

7. Ballia unagvered for 35-40 minutes or until

Buying Kentucky Proud is easy, Look for the label at you glogery slore, fairners' market, or roadside stand.

sapping is golden brown and fruit is tender.

Yield: 16, 14 out servings **Nutritional Analysis** 240 calories, 6 g fat, 3 g sat

fat, 5 mg choirsteol, 200 mg sodium 44.9 corbohydrore taliber 200 sugar



#### **TAYLOR COUNTY 4-H NEWSLETTER**

Our 4-H newsletter is published monthly and includes announcements, club news, registration forms, and information about upcoming events. To get added to our newsletter email list, email carolyn.morris@uky.edu

#### Kentucky Sweet

NUTRITION FACTS: Sweet Potatoes are a good source of fiber, domplex carbohydrates and vitamins A and C.

SELECTION: Two varieties of sweet potatoes are grown in Kentucky. The pale sweet potato has a light yellow skin and pale yellow flesh that is dry and crumbly. The darker variety has a dark skin and prange sweet flesh that cooks up moist. Choose small to medium-sized ones with smooth, unbruised skin.

STORAGE: Store unwrapped in a cool (50 degree) dry, dark place with good ventilation for up to 2 months or at room temperature for 2 weeks.

PREPARATION: Scrub well, Leave whole or peet. then slice, dice or shred

Balding: Pierce skin in several places and rub with

Source: www.fruitsandvegglesmatter.gov

uncovered in a 375°F oven until soft when squeezed (45-60 minutes.)

Boiling: In a 3-quart pan, boil 4 whole medium-size pertatoes, covered in 2 inches water until tender when plemed Drain

Microwaving: Pierce skin, place on a paper towel in microwave. If cooking more that 2 at a time, arrange like spokes. Microwave on high, turning halfway through cooling time. Allow 4-5 minutes for one partato.

#### SWEET POTATORS

Kentucky Proud Project

County Extension: Agents for Farally and Comomo Sciences. University of Konnedy, Housean and Food Science students CONFERENCE EXTENSION SERVICE

UK KENTUCKY



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