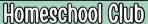


TAYLOR COUNTY 4-H YOUTH DEVELOPMENT NEWSLETTER **COUNTY 4-H YOUTH DEVELOPMENT NEWSLETTER**









Gloverbuds



Junior Cooking Club



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Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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TAYLOR COUNTY 4-H

March 2025

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------------------|---|--|---|--|---|---|
| | | | | | | 1 |
| 2 | 3 | 4 4-H Livestock Club 6:30 PM | 5 | 6 4-H Bee Club 4:00 PM | 7 CES 4th Sharp | 8 |
| 9 Daylight Savings Time Starts | 10 | 11 Shooting Sports Orientation 6:00 PM 4-H Livestock Club 6:30 PM | 12 | KCA 4-H Bee Club at Clay Hill Memorial Forest 4:00 PM | Final Day for Sewing Project Registration | 15 |
| 16 National Ag Week | 17 Homeschool Club 10:00 AM Junior Cooking Club 3:30 PM Land Judging 5:00 PM 4-H Council 6:00 PM | 4-H Horticulture Club 3:30 PM | Ambassadors 8:00 AM Art Club 3:30 PM | 20 TCIS 4th Jeffries & Gholston Cloverbuds 5:00 PM 4-H Livestock Club 6:30 PM at Green River Meats | Country Ham Project at Penn's 3:00 PM or 3:30PM | 22 |
| 23 | County 4-H Speech & Demo Contest 6:00 PM | 25 Entomology Club 3:30 PM 4-H Livestock Club 6:30 PM | 26 | Senior Cooking Club 3:30 PM | 28 | 29 Breakfast with the Easter Bunny! 9:00 - 11:00 AM |
| 30 | 31 | | | | | |





SIGNUP FOR 4-H GLASSES
ON enthries

HTTP://BIT.LY/TAYLOR4H

KENTUCKY 4-H SHOOTING SPORTS HITS THE MARK FOR POSITIVE YOUTH DEVELOPMENT

Young people here in Taylor County and across the Commonwealth will soon start improving their shooting skills while engaging in safety education and awareness, service-learning, leadership development, and friendly competitions with other youth across the region and state. The 4-H Shooting Sports Program is open to all youth in Kentucky age 9-18 and as this 2024-2025 4-H program year season is getting ready to start, a 4-Her's age is based on however old they turned in 2024. Youth team up with other youth from across their county to learn important life skills and positive youth development principles through a variety of shooting sports disciplines: Archery, Pistol, Rifle, Shotgun, and Muzzleloading.



Each discipline is taught by certified instructors, helping to ensure that all our participants, with little or a lot of experience, receive high-quality instruction and training. Through county-based club activities, under the guidance of knowledgeable adult and teen leaders, youth not only learn archery and firearm safety and marksmanship, but also develop soft skills such as teamwork, self-confidence, personal discipline, and responsibility. In the 2023-2024 program year, over 5,000 Kentucky youth participated in Shooting Sports, engaging over 1,000 certified instructors.



Shooting Sports is an excellent opportunity for youth to gain valuable experience with firearms in a safe setting, helping remove the mystery about firearms and replacing that with a respect for firearms. Taylor County 4-H currently offers Archery, Air Rifle, and Air Pistol, and we are looking forward to future opportunities *hopefully coming soon* to offer .22 Rifle, .22 Pistol (age 12-18), and Shotgun (Trap) to local youth. The variety of disciplines offered provides participants with a safe environment to find what sparks their interest, share a sense of belonging with the other youth in their 4-H club, and form healthy relationships with peers and caring adult mentors. There are so many opportunities for youth to receive awards and recognition now, as well as scholarships for their future education, so if you would like to learn more about the program and how to participate in Taylor County 4-H, please contact the Taylor County Extension Office at (270) 465-4511 or Dr. Kelly Rexroat at kelly.rexroat@uky.edu.

Source: Dr. Kelly Rexroat, Taylor County Extension Agent for 4-H Youth Development

https://exclusives.ca.uky.edu/2024/4-h/4-h-shooting-sports-hit-mark-positive-youth-development





4-H Bee Club

Thursday, March 6 4:00 PM

Help build swarm traps for the Taylor County 4-H Bee Club and learn how you can make your own at home.



Register on Eventbrite.

Open to youth & adults!

Taylor County Extension Office

*An equal opportunity organization.





Thursday, March 20 I 5:00 PM

Free & open to youth 5-8 years old Taylor County Extension Office Registration required on Eventbrite

*An equal opportunity organization.



*AN EQUAL OPPORTUNITY ORGANIZATION



Registration required on Eventbrite.
Free & open to youth and adults.
For more information call the
Extension Office at 270-465-4511.

Clay Hill Memorial Forest 74726 Old Lebanon Road Campbellsville, KY 42718 Homeplace on Green River 5807 New Columbia Road Campbellsville, KY 42718

*An equal opportunity organization.

**** Taylor County 4-H ** 2025 Sewing Project**



The 4-H Sewing Project introduces youth (ages 9-18) to sewing. We also offer an advanced class for those who have completed the project before.



The deadline to sign up is Friday, March 14, 2025.



The registration form can be found on our website: https://bit.ly/4hsewing2025 or be picked up at the Taylor County **Exension Office**



For questions, please contact 4-H Agent, Kelly Rexroat at (270) 465-4511 or kelly.rexroat@uky.edu



*An equal opportunity organization



Are you a standout 4-H member with a passion for your projects? Do you enjoy making an impact in your club and community? If yes, apply to be a Georgia Boot 4-H Trailblazer today! The Georgia Boot Trailblazer contest provides an opportunity for 4-H members to share their project journey with the Georgia Boot audience!

Completed applications must be submitted by March 16th, 2025.

How do you Apply? Fill out our application and record a short video introducing yourself!

What is a Georgia Boot Trailblazer? A passionate and dedicated 4-H member who wants to share their project journey and accomplishments with the Georgia Boot audience!

Winners will receive a prize package valued at \$800. Prize Includes: 2 Pairs of Georgia Boots A \$350 Gift Card to a qualifying farm & ranch or hardware store

> Georgia Boot & 4-H Merchandise *An equal opportunity organization.



Cooperative Extension Service **4-H**

HOMESCHOOL CI UB

Grow a Rainbow & Make a Wind Sock





Monday, March 17 I 10:00 AM

FREE & OPEN TO YOUTH 5-18 YEARS OLD TAYLOR COUNTY EXTENSION OFFICE **REGISTRATION REQUIRED ON EVENTBRITE**

*An equal opportunity organization.

Cooperative Extension Service

TAYLOR COUNTY 4-H JUDGING

Join the Remind101 @tc4hli Text to 81010

INFORMATIONAL MEETING



🚃 MONDAY, MARCH 17



(L) 5:00 PM



TAYLOR COUTNY EXTENSION OFFICE 1143 SOUTH COLUMBIA AVENUE CAMPBELLSVILLE, KY

OPEN TO YOUTH 9-18 YEARS OLD

FOR MORE INFORMATION CONTACT THE EXTENSION OFFICE AT



(270) 465-4511



*An equal opportunity organization.

4-H **Cooperative Extension Service HORTICULTURE CLUB

MILK JUG GREENHOUSE

JOIN US TO MAKE YOUR OWN GREENHOUSE BY RECYCLING MILK JUGS

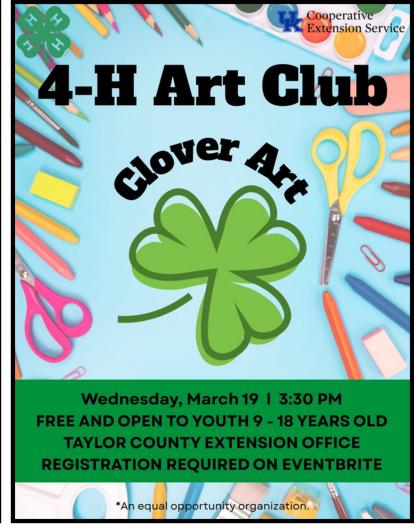


Photo courtesy of: Donna Aufdenberg, Missouri University Extension

TUESDAY, MARCH 18 I 3:30 PM

TAYLOR COUNTY EXTENSION OFFICE FREE & OPEN TO YOUTH 9-18 YEARS OLD REGISTRATION REQUIRED ON EVENTBRITE

*AN EQUAL OPPORTUNITY ORGANIZATION.

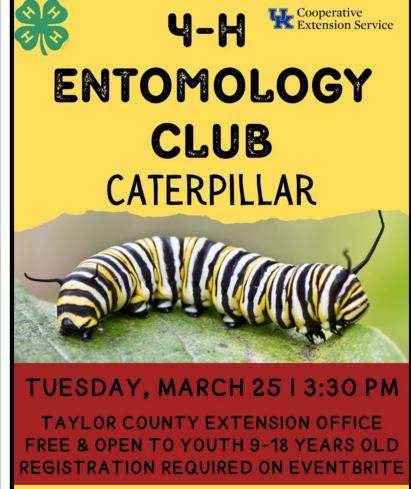




6PM - REGISTRATION OPENS AT 5:30PM DEADLINE TO REGISTER - MARCH 7

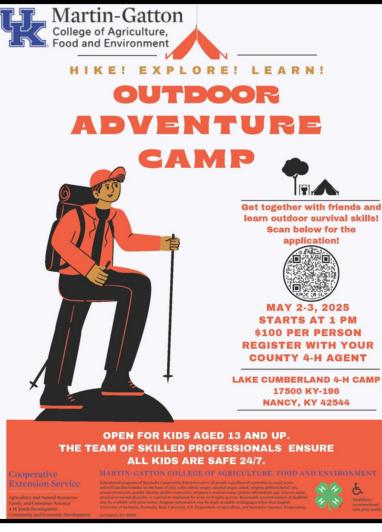
SPEECHES

Cooperative Extension Service - HTTPS://BIT.LY/COMMUNICATIONS25



*An equal opportunity organization.











24-25 Enrollment Forms

Available at the Extension Office or https://bit.ly/enroll4h2025

Once you have returned this enrollment form, you may begin attending meetings.

4-H age is 9-18 as of January 1, 2025 and Cloverbuds are for ages 5 to 8 as of January 1, 2025



Banana Split Breakfast Bowl

Servings: Makes 2 servings Serving Size: 1 banana with toppings







4-H Remind



Stay up-to-date with the latest Taylor County 4-H information by signing up for our Remind notifications.

Text @4htaylor to 81010

Ingredients:

- · 2 medium bananas, peeled and sliced lengthwise
- 1/2 cup low-fat vanilla yogurt, divided
- · 1/2 cup diced or sliced strawberries, divided
- 1/2 cup pineapple tidbits-drained, divided
- · 4 tablespoons granola, divided
- · 2 tablespoons of nuts (optional)
- · 6 blueberries, raspberries, blackberries or cherries (optional)

Directions:

- 1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- 2. Place one banana in bottom of small bowl
- 3. Spread half of the yogurt on top of split banana.
- 4. Add half of the strawberries and pineapple tidbits.
- 5. Top with half of the granola, nuts and berries.
- 6. Repeat with other banana half and remaining toppings.
- 7. Refrigerate leftovers within 2 hours

Nutrition Facts Per Serving: 310 calories; 8g total fat; 1.5g saturated fat; 0g trans fat; 5mg cholesterol; 70mg sodium; 58g total carbohydrate; 5g dietary fiber; 35g total sugars; 7g added sugars; 8g protein; 0% Daily Value of vitamin D; 10% Daily Value of calcium; 6% Daily Value of iron; 15% Daily Value of potassium

Source: Source: Christy Blevins, Bell county NEP Assistant Senior, University of Kentucky

I pledge my **HEAD** to clearer thinking,

my **HEART** to greater loyalty,

my **HANDS** to larger service,

and my **HEALTH** to better living,

for my club, my community,

my country, and my world.



TAYLOR COUNTY 4-H NEWSLETTER

Our 4-H newsletter is published monthly and includes announcements, club news, registration forms, and information about upcoming events. To get added to our newsletter email list, email Elizabeth.Burton@uky.edu or Rebecca.Despain@uky.edu



Taylor County Extension Office 1143 S Columbia Ave Campbellsville, KY 42718 (270) 465-4511







